

Food

Breakfast (served 10 - 12)

Eggs on toast (scrambled, poached or fried) (v)	8
Mushrooms on toast (spinach or creamy garlic) (v/vgn)	10
Bacon sandwich	9
Yoghurt & fruit parfait (vgn, gf)	6

Lunch (served 12 - 3)

Salads

Chicken Caesar, anchovies, croutons (gfo)	14
Orzo, tomatoes, peppers, olives, cucumber, basil, lemon garlic (vgn)	12
+ feta (v)	2

Toasties / wraps

Cheddar & mozzarella toastie (v)	10
BLT toastie	11
Brie, bacon, caramelised onion toastie	13
Halloumi wrap, spicy tomato salsa, crunchy house-slaw	13
Sweet potato wrap, tomato salsa, crunchy house-slaw (vgn)	12

Quiche / Frittata of the day (v)	7
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Soup of the day (vgn, gf) / add fresh sourdough 1	7
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Vegan roll harissa sweet potato, chick pea (vgn)	6
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Sausage roll pork, sage, chilli	6
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Pineapple, banana, spinach, mint, coconut milk smoothie (vgn,gf)	6
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Blueberry, banana, almond butter, oat milk smoothie (vgn)	6
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See our specials board for daily specials